

MERCY AMBULATORY SURGERY CENTER

ENDOSCOPY DISCHARGE INSTRUCTIONS

Your procedure was: esophagogastroduodenoscopy bronchoscopy
 colonoscopy flexible sigmoidoscopy
 endoscopic retrogradecholangiopancreatography

You may experience some light headedness for the next several hours. We suggest you plan on quiet relaxation for the rest of the day. A responsible adult needs to stay with you today.

Because of the sedation you have received, it is recommended that you do not drive a motor vehicle, operate any kind of machinery, or sign any contractual agreement for 24 hours following this procedure.

You should not take any alcoholic beverages, including beer, tonight, and only take sleeping medication that has been specifically prescribed for you by your physician.

Eat bland foods for today, avoiding anything greasy or spicy. Gradually progress yourself back to your regular diet.

Starting tomorrow, observe high fiber diet as requested by your physician.

If you have any of the following problems, notify your physician or return to the hospital emergency room: fever, chills, excessive bleeding, excessive vomiting, difficulty swallowing, uncontrolled pain, increased abdominal distention, or any other problems.

If you had a polyp removed, avoid strenuous activity for 48 hours, and avoid the use of aspirin or related compounds for one week.

If you have a sore throat, you may use lozenges or salt water gargles.

If you had a bronchoscopy and you experience sudden or continued shortness of breath, chest pain, spitting up or vomiting blood, or other such problems, notify your physician or return to the hospital emergency room.

Call Dr. Schneider on Monday at 860 480 1 for pathology results and/or follow up appointment in 2 weeks

Prescriptions:

PHYSICIAN'S SIGNATURE:

DATE: 9/14/00

WITNESS: gjcharia RN

SIGNATURE: X R. Santo (Rchn)

RELATIONSHIP: X Hus

PLAINTIFF'S EXHIBIT
6

RECEIVED, DEFENDANT
2003 SEP 11 PM 12:00
634 181-00-000
CLERK'S OFFICE
SACRAMENTO, CA 95814-0000
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